

# A DAY WITH \_\_\_\_\_

Take some time to think about your favorite memories with your grandparents / parents or the things they like to do.

**Now, write down or illustrate one thing you would like to do with your grandparents / parents in the morning, afternoon and evening of a day:**

## MORNING



Blank space for writing or drawing morning activities.

## AFTERNOON



Blank space for writing or drawing afternoon activities.

## EVENING/NIGHT



Blank space for writing or drawing evening/night activities.

Share this plan with your grandparents/parents and spend a day like this with them.  
**Companionship is one of the best things we can do to show that we care and love them.**  
**Spend time with your family, cherish the moments with them and make their day!**