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MARINA BAY SANDS WELCOMES SANDS CHAMPION AMBASSADOR LILY MUNI HE FOR A DIALOGUE INSPIRING YOUTHS

As part of Marina Bay Sands' *In Conversation With* series, the international professional golfer reflected on resilience, self-belief and forging an identity beyond sport



Lily Muni He offered aspiring golfers and youths a candid look at the realities of professional sport during Marina Bay Sands' In Conversation With series

Singapore (7 October 2026) — Sands Champion Ambassador and professional golfer Lily Muni He met with aspiring golfers from the Singapore Golf Association and LLD Sports, alongside youths from Access Singapore's network, for an inspiring conversation on resilience, self-belief and the importance of forging one's own path.

Held as part of Marina Bay Sands' *In Conversation With* series yesterday at Sands Theatre, the session offered candid reflections on overcoming setbacks, embracing individuality and defining success beyond the scoreboard.

He, who is in town for Singapore's race week, shared an honest account of the determination and resilience that underpin success in elite sport, drawing on her career that has seen her rise from promising amateur to LPGA professional. From securing her first professional victory at the inaugural Prasco Charity Championship in 2018 to earning medallist honours at the 2019 LPGA Q-Series, she spoke about the importance of perseverance, adaptability and maintaining perspective in a results-driven environment.

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Reflecting on her journey from discovering golf as a child to pursuing it professionally, she shared how a focus on continuous improvement has helped her navigate the pressures of a results-driven environment.

"As athletes, we spend a lot of time focusing on results, but success is rarely a straight path. There will be setbacks, challenges and moments of doubt. What matters is learning from them, staying true to who you are, and continuing to move forward even when things don't go as planned," said He.



Sharing lessons from her experiences both on and off the golf course, He encouraged youths to embrace their individuality and pursue paths that reflect their own values and aspirations

Beyond her achievements in golf, He reflected on the importance of building an identity that is rooted in authenticity. Widely recognised for bringing together her passions for sport, fashion and creativity, including her appreciation for vintage fashion and collaborations with leading lifestyle brands, she shared how staying true to herself has opened new opportunities and allowed her to connect with audiences beyond the game. Encouraging participants to pursue their interests without being limited to conventional expectations, He emphasised that individuality and self-belief are often the foundations for personal and professional growth.

As a Sands Champion Ambassador since September 2024, He works with Marina Bay Sands' parent company Las Vegas Sands to champion women's golf, inspire the next generation through community engagement initiatives and highlight the impacts athletes can have beyond competition. Through the programme, Sands Champion Ambassadors help create meaningful opportunities for young people while supporting causes that strengthen and uplift communities across the regions in which the company operates.

Evan Ng, Operations Manager at the Singapore Golf Association, said: "For many of our young golfers, opportunities to hear directly from elite athletes like Lily are both inspiring

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and educational. Her openness in sharing the realities of professional golf, from the setbacks and sacrifices to the discipline and perseverance required to navigate the demands of competing at the highest level, offered valuable insight into pursuing excellence and growing as an athlete. Conversations like these help bring the sport to life, inspiring the next generation of golfers while reinforcing the mental resilience needed to progress in their own sporting development."

The session also marked the first time youths from Access Singapore's network joined an *In Conversation With* dialogue, reflecting Marina Bay Sands' ongoing commitment to creating opportunities that inspire ambition, confidence and personal growth. As a social mobility charity that supports youths from disadvantaged backgrounds through mentorship, career exposure and development opportunities, Access Singapore works to broaden aspirations for young people.

Sritha Rangepalli Medha, a participant from Access Singapore's network, said: "This session offered an intimate look into the world of professional sport beyond what we usually see. I appreciated Lily's reflections on embracing her individuality through fashion and pursuing her ambitions despite setbacks. It gave me a deeper appreciation of the dedication required to succeed and reminded me that perseverance, self-belief and continuous learning are important no matter which path I choose."

Launched in 2014, the *In Conversation With* series has hosted close to 50 sessions featuring accomplished individuals across sports, entertainment, business and the arts. The platform brings young people closer to remarkable personalities through intimate conversations that uncover the experiences, decisions and lessons that have shaped their success.

In Conversation With is part of Sands Cares, Marina Bay Sands' community engagement programme. Other focus areas include strengthening community resilience, nurturing future hospitality talent, promoting cultural and natural heritage, and supporting communities in times of crisis. For more information, visit www.marinabaysands.com/company-information/corporate-social-responsibility.html.

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About Marina Bay Sands Pte Ltd

Since its opening in 2010, Marina Bay Sands has stood as an architectural marvel and the crown jewel in Singapore's skyline. Home to the world's most spectacular rooftop infinity pool and approximately 1,850 rooms and suites, the integrated resort offers exceptional dining, shopping, meeting and entertainment choices, complete with a year-round calendar of signature events.

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Marina Bay Sands is dedicated to being a good corporate citizen to serve its people, communities and environment. It drives social impact through its community engagement programme, Sands Cares, and leads environmental stewardship through its global sustainability programme, Sands ECO360.

For more information, please visit www.marinabaysands.com

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